

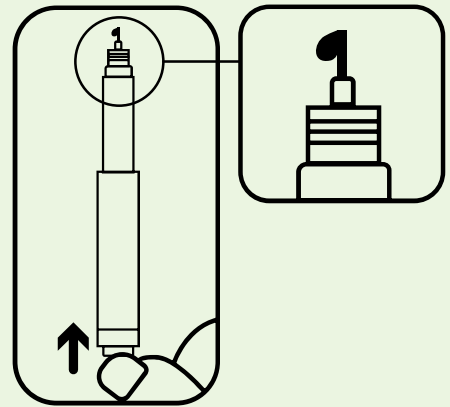
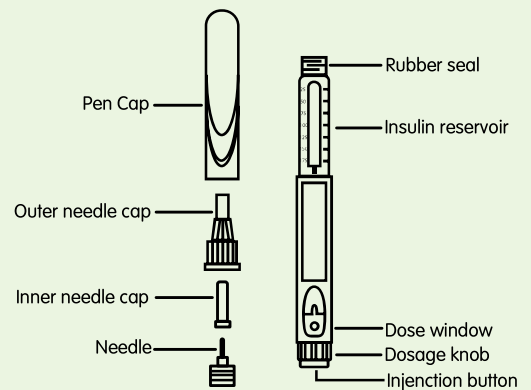
Giving Insulin



How to Give Insulin

1. Remove cap from insulin pen.
2. Clean the tip of pen with an alcohol wipe.
3. Remove foil tab from the needle.
4. Remove the outer needle cap and the inner needle cap.
 - The inner needle cap can go in the trash.
 - Keep the outer needle cap.
5. Screw needle onto top of insulin pen.
6. Prime the needle:
 - Using the knob at the bottom of the pen, turn the dial to 2.
 - Point the needle straight up, push the injection button until you see 0 in the Dose window.
 - You should see a drop of insulin at the tip of the needle.
7. Dial the pen to the amount needed for your insulin dose.
8. Clean the skin where you plan to give the injection (see next page to show where you can give insulin)
9. Insert needle into skin that was cleaned with alcohol.
10. Push injection button until you see 0 in the dose window.
11. Keep the needle in the skin and count to 10 before removing needle.
12. Put the outer needle cap back on the needle.
13. Screw the needle off and throw away in a hard plastic/metal/ sharps container.

Insulin Pen and Needle



To view how to give an injection, go to [childrensmemory.org/diabetes-center-first-visit/](https://www.childrensmemory.org/diabetes-center-first-visit/) or scan the QR code:

